October 2024

# THE ONOWAY JUNIOR SENIOR HIGH SCHOOL Vewsletter



### ADMIN MESSAGE

### **Greetings to the Onoway Community!**

It's hard to believe that one-tenth of our school year is already behind us. I must say that as I've had the pleasure of being about the school, one thing that has struck me is the effort I see. On a daily basis the effort people are giving is evident; be it my fellow administrators, OJSH's teachers, support staff, or our students. Effort is such a valuable commodity. Despite the myriad of outside factors that can impact our day, the effort we give is always something we have control over. So, as the year progresses, expect our Staff to continue to give their best and also demand that students try to their full extent. Willing to work, day-after-day, will produce results we can feel proud of!

September flew off the calendar, in part, because it was such a busy month around the school. OJSH is currently running 7 volleyball teams, 3 flag football teams, junior high/senior high golf, cheerleading, and a junior high cross-country team! We held a lot of exciting events in September: the Terry Fox Run, National Truth and Reconciliation Week/Orange Shirt Day, and Get The Scoop/Meet the Teacher Night. Thanks to everyone who participated and contributed to putting on these events. There is also a lot happening in October. Please see the details in the rest of this newsletter. We are now deep into another year of learning, and should the need arise where the school can be of help to either you or your child, please reach out.

Fall is now upon us and we can look ahead to moments to come. On behalf of our school, I would like to wish the families of OJSH a Happy Thanksgiving. Hopefully, the holiday affords you some time to see those most important to you in your lives. Happy trails,



Mr. Hallowes

**Assistant Principal** 

### **COUNSELLING CORNER**



Scan the QR
Code to make a
Wrap-Around
Appointment

### UPCOMING SIGNIFICANT DATES

Wednesday, October 9 - "Anything but a Shoe" Day

Thursday, October 10 - OJSH Awards Night, 7PM

Friday, October 11 - Staff Planning and Development Day, No School

Monday, October 14 - Thanksgiving Day, No School

Friday, October 18 - Adam Sandler Day

Friday, October 25 - Freak Friday (Dress like the teachers)

October 21-25 - OJSH Haunted House (Bring a food bank donation)

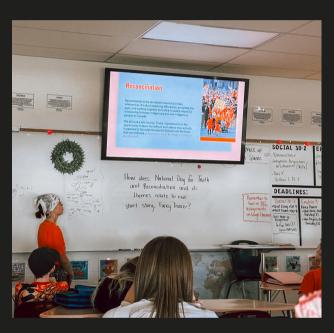
Thursday, October 31 - Halloween Costume Contest

# NATIONAL TRUTH AND RECONCILATION DAY

INDIGENOUS SPIRIT COUNCIL DISPLAY TABLE FOR OJSH HONOURING OF NATIONAL DAY FOR TRUTH AND RECONCILIATION. THE DISPLAY INCLUDED RIBBON SKIRTS, MOCCASINS, AND TRADITIONAL MEDICINES; AS WELL AS BOOKS AND INFORMATION ABOUT LANGUAGE AND CULTURAL PRACTICES IN OUR LOCAL INDIGENOUS COMMUNITIES OF ALEXIS NAKOTA SIOUX NATION, PAUL BAND, AND ALEXANDER FIRST NATION. SERENITY (GRADE 12) JOINS MS. NEWTON'S LANGUAGE ARTS 9 CLASS TO HELP WITH A PRESENTATION ON NATIONAL DAY FOR TRUTH AND RECONCILIATION AND BROUGHT BANNOCK (FRY BREAD) AND BERRY SAUCE FOR STUDENTS TO TRY!







### SPIRIT WEAR

### Please Note:

- No money or order forms go to the office, all purchases go through the online store.
- The office does not have samples to try on.
- The store closes on **November 3rd.** No orders can be accepted after this date.





https://ojshsfall24.itemorder.com/shop/home/

# ATHLETICS



Scan the QR
Code to view the
Athletics
Calendar

# GOLF

CONGRADULATIONS TO OUR SENIOR GOLF TEAM, WHO RECEIVED 2ND PLACE AT THEIR ZONES TOURNAMENT IN EDSON!







CONGRATS TO ALL THE
JUNIOR GOLFERS WHO
COMPETED OCT 7 IN
THE GOLF
TOURNAMENT. SHOUT
OUT TO SLOANE WHO
WON HER
INTERMEDIATE GIRLS
CATEGORY!

# FLAG FOOTBALL











FLAG FOOTBALL RAN FOR THE 2024–2025 FALL SEASON. THE SEASON RAN FOR THE FIRST MONTH OF SCHOOL, DURING WHICH OUR PLAYERS PRACTICED HARD TWICE A WEEK! STUDENTS DEVELOPED SKILLS LIKE CATCHING, HAND-OFFS, RUNNING PASS PLAYS, WORKING AS A TEAM, AND OF COURSE, CONDITIONING. THERE WAS A GOOD TURN OUT FOR KIDS THIS YEAR. WE HAD ENOUGH PLAYERS TO FORM 3 TEAMS!

IN THE TOURNAMENT, OUR KIDS PLAYED EXTREMELY WELL. NOT ONLY DID THEY DEMONSTRATE THEIR SKILLS, BUT ALSO, THEIR SPORTSMANLIKE CONDUCT IN THE FACE OF OTHER TEAMS THAT STRUGGLED TO DO SO. OUR GRADE 9 TEAM PLACED 2ND FOR THE COMPETITIVE DIVISION, AND OUR TWO GRADE 8 TEAMS PLACED 1ST AND 4TH IN THE RECREATIONAL DIVISION.

GO MUSTANGS!



### TERRY FOX RUN

GREAT JOB TO ALL THE JUNIOR HIGHS AND PE HIGH SCHOOL STUDENTS WHO PARTICIPATED IN THE TERRY FOX 2024 5KM RUN ON OCTOBER 2ND! OJSH RAISED A LOT OF MONEY AND AWARENESS FOR THE TERRY FOX FOUNDATION THIS YEAR AND WE WERE VERY GRATEFUL TO HAVE MR PHIL DUNN COME SPEAK TO THE STUDENTS ABOUT THE IMPORTANCE OF CANCER RESEARCH IN HIS PERSONAL LIFE, AS WELL AS HOW TERRY FOX HAS IMPACTED SO MANY PEOPLE. THANK YOU FOR YOUR PRESENTATION AND PARTICIPATING IN OUR RUN WITH THE STUDENTS! LOOKING FORWARD TO THE OJSH TERRY FOX RUN 2025 NEXT YEAR!















IF YOU WOULD STILL LIKE TO DONATE TO THE OJSH TERRY FOX SCHOOL PAGE, PLEASE CLICK ON THE LINK BELOW!

DONATION LINK

### VOLLEYBALL

VOLLEYBALL SEASON IS IN FULL SWING. THIS MONTH WE HAVE HAD OUR JR TOURNAMENT OCTOBER 4/5 AND OUR SR TOURNAMENT IS OCTOBER 25/26. LOOKING FORWARD TO SEE YOU ALL OUT TO SUPPORT OUR ATHLETES AND CHEER THEM ON IN THIS BUSY MONTH OF THE SEASON.

















### CROSS COUNTRY

THE MONTH OF SEPTEMBER WAS PRODUCTIVE AND SUCCESSFUL FOR OUR JUNIOR HIGH CROSS-COUNTRY RUNNERS! ATHLETES HAVE BEEN RACING IN LOCAL RACES OUT OF SPRUCE GROVE AND STONY, AS WELL AS ATTENDING GCAA'S UP IN WHITECOURT. MR. LAW AND MR. HALLOWES HAVE BEEN VERY IMPRESSED WITH THE EFFORT AT PRACTICES AND OUR 8S AND 9S ARE TRANSFORMING INTO FORMIDABLE RACERS! BIG SHOUT-OUTS GO TO WILL R., KENDALL C., JEFF J., AND TYSON M. WHO ALL HAD PODIUM FINISHES AT GCAA'S. THE TEAM NOW SETS ITS SIGHTS ON ASAA ZONES IN HINTON ON OCTOBER 9TH. GOOD LUCK!











# SENIOR HIGH ART

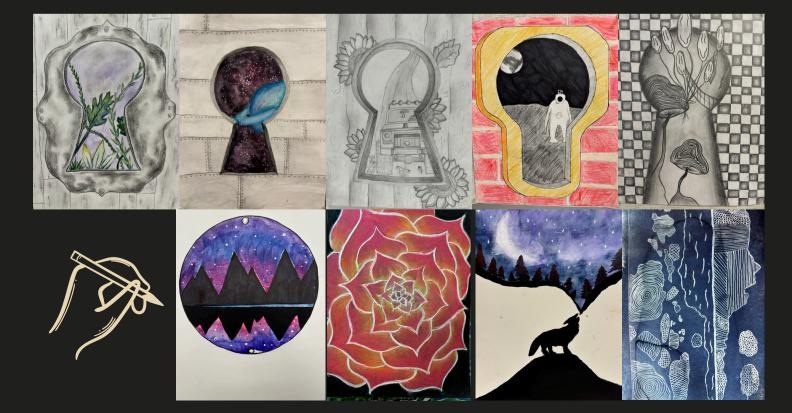
WE ARE JUST GETTING STARTED WITH OUR IST UNIT- DRAWING.
FOR THE FIRST FEW WEEKS, WE HAVE FOCUSED ON DEVELOPING DRAWING SKILLS
INCLUDING PORTRAIT PIECES, A BLURRY TO CLEAR CHALLENGE AND DRAWING FROM
LIFE USING SUNFLOWERS. THANKS TO A GENEROUS PARENT. THANK YOU.



# JUNIOR HIGH ART

JUNIOR HIGH HAVE BEEN VOTING ON THEIR PROJECTS INCLUDING KEYHOLE DESIGNS, SOFT PASTELS, CYANOTYPE PRINTING AND WATERCOLOUR GALAXY PAINTING.

LOTS OF AMAZING TALENT IN THESE AREAS.



# CAREER FAIR

ANY SENIOR HIGH STUDENTS INTERESTED IN ATTENDING A CAREER FAIR AT WEST EDMONTON MALL ON THURSDAY OCTOBER 17TH, PLEASE COMPLETE THIS QR CODE TO REGISTER AND SEE MISS DEACON FOR A BUS FORM.

COME MEET AND LEARN DIFFERENT POST-SECONDARY INSTITUTIONS, JOB OPPORTUNITIES, AND SEE WHAT IS OUT THERE FOR YOUR FUTURE!



### OCTOBER 17 10AM - 6PM

West Edmonton Mall Phase 1 Centre Stage



Join CAREERS and
employer partners at
West Edmonton Mall
showcasing career
pathways for
Alberta youth.
Students can explore paid
internship opportunities
and network with industry
experts.

for information tmcdonald@nextgen.org 780.504.1044 careersnextgen.ca





REGISTER AT: BRAINWORX.START2FINISHONLINE.ORG

Anna Giesbrecht, Virtual Programs Manager 647-241-6410 anna, giesbrechtestart 2 finishonline, org

Our programming, designed by educators and fitness experts, is tailored to integrate social-emotional learning with a rich variety of literature that reflects different cultural perspectives.

Both programs are led by trained volunteers and are offered at NO COST to families. Registration is completely free, and families can sign up directly with us.

Luce Paradis Community Partnerships Liaison, Start2Finish Our mission is to enhance students' Reading Literacy by reinforcing foundational reading skills, as well as their Health Literacy through engaging in fitness activities that support physical wellbeing.

Additionally, we focus on Cultural Literacy by integrating social-emotional learning themes with culturally diverse stories and books selected with the concept of Mirrors and Windows.

We are excited to invite students from your school community to participate in one of our virtual programs:

### JUNIOR COACH

FREE ONLINE LEADERSHIP PROGRAM FOR STUDENTS IN GRADES 7 & 8. OCTOBER - MAY



### RECEIVE MENTORSHIP

Join live 1 hour sessions online on Mondays, led by trained volunteers. Explore what it means to be a leader, and how you can be one in your community.



### MAKE FRIENDS

Meet other like-minded students from across the region. You'll learn from and encourage each other.



### BUILD LITERACY AND FITNESS SKILLS

Discover new stories and how they connect to us, while also learning about different ways of getting active.

REGISTER AT: BRAINWORX.START2FINISHONLINE.ORG







