

Newsletter

Spring is here, the weather is improving, and warm days are just around the corner. There are just three short months left in the school year. We are encouraging students at every turn to stay on track and finish strong.

A huge thanks to the parents who participate in our school council and for the crucial support they give to the school. Our next School Council meeting will be on April 11 at 6:30PM. All parents are welcome to attend and participate.

The third report card will be available on PowerSchool on April 24th and our final Parent-Teacher Interviews will be held on May 1st from 5-8PM. This is a great opportunity to make sure that your child is progressing in their learning and ready for their final exams. We look forward to seeing a lot of parents and students that night.

We will also have our "Moving into High School" Grade 9 parent info night at 6:30PM on May 1st. We will provide a lot of information on our high school programs and steps that students/parents can take for students to be successful in high school. We highly recommend that all parents for Grade 9 students attend this meeting

I wish you all a happy April and a wonderful Easter.



April 2024

Mr. Jespersen
Assistant Principal

Please Note

Our doors are locked for the most part of the day for security and safety of our students and staff. If you need to come to the school, there is a doorbell you may ring for our office staff to hear - but it is always a good idea to phone ahead and book an appointment

To speak with our office, please phone



(780) 967 2271



Find us on
@ngpsohs



@Onoway Jr/Sr High School



@onowayjrsrhighschool

Or please visit our website onowayhigh.ca for all information and updates

Significant Dates

April 2	First day back for students
April 11	School Council Meeting at 6:30PM
April 22	Quarter 4 Begins (Junior High options change)
April 24	Report Card #3 available on Powerschool at 4PM
May 1	Final Parent Teacher Interviews, 5-8PM "Moving into High School" - Current Grade 9 Parent info Night 6:30PM
May 6	Grade 9 High School Planning sheets due back at School Students in Grades 10 and 11 will start registering for next year's classes
May 13	Part A Grade 9 English Language Arts P.A.T. Exam Grade 9s start registering for grade 10 classes



May 29

"Going into Grad Year" - Grade 11 parent info night, 7:00PM

June 5

"Moving to OJSH" - Grade 7 parent info night, 7:00PM

Counselling Corner

The Wrap Around crew would like to welcome all of our students back from what we hope was a fun and relaxing Spring Break. Spring is a time of new beginnings and that is certainly the case here at OJSH. We have quite a number of events and new items to inform our school community about. Before we get to that however, we did have some guest speakers come to the school at the end of March. On March 20, we had Lonnie Alexis from Alexis Nakoda First Nation speak to our Aboriginal Studies 20/30 class. Mr. Alexis has a vast amount of knowledge and experience that he was happy to share with our students. Our students and staff enjoyed the class and look forward to being able to listen to Mr. Alexis again. On March 21, we had a number of students sign up for a presentation from University of Alberta Indigenous Student Services. Students heard about all of the opportunities and services that are available to Indigenous students when they apply to the University of Alberta. We would like to encourage every student who is interested in attending the U of A to come to the Wrap Around and get the information that the presenter left with us.

There are a number of upcoming dates that we would like to make our school community aware of. April 11 is the deadline for students to register themselves for the June sitting of diploma exams. Since our Gr. 12 students are automatically registered when they are a student in our 30-level classes, this really only applies to the students who are taking a 30-level class through Vista or other similar online school. We just want to make sure that all of our students are registered and able to write their diploma exams in June.



Spring is also a time where we begin planning and preparing for next year. In our High School Transition 9 classes, students will be doing pre-registration for high school by learning about credits, graduation requirements and the different streams of classes available in high school. Grade 9 students and their parents are encouraged to attend the Grade 9 Parent Evening on May 1, which coincides with the last Parent-Teacher Interview of the year. Parents will be able to get the same high school information that their children received in class and will also be able to ask questions and talk to their child's teachers if they need to.

In closing, we would like to make our Gr. 12 students aware of the Town of Onoway Bursary that all are able to apply for. Any and all interested students are asked to come down to the Wrap Around to get application information.

Archery



The OJSH NASP archery team competed at the AHEIA Provincial NASP Tournament on Friday, March 15th. Our competitors did a great job representing our school with class and skill. All of our other competitors did very well in their respective brackets. We will be competing at another tournament in Smoky Lake on April 5th!





FINISH

Run Club

This year marked the first year OJSH sent athletes to compete in the annual Running Room Indoor Games. This is a unique track event held at the University of Alberta, where schools enter an 8 x 200m relay team. Our athletes did exceptional, making it out of Preliminaries and finishing 3rd in the Saturday night Finals. Well done on bringing home the bronze!!





Cheerleading

On Saturday, March 16, the Mustangs Cheer Team competed in their final event of the season, the Rise Up Cheer Challenge, held at West Edmonton Mall. The team had their best performance of the season and placed second in their division. The team has consistently scored in the top 2 teams for execution in several categories of the routine this year, but the routine difficulty wasn't quite high enough to earn an overall top 2 finish. So, in the last 2 weeks of the season, the team added more practices and worked even harder to make major routine changes - coupled with their stellar execution, it was enough to take home second place!

Special thank you's go out to our community coaches, our staff coaches, and the team parents - none of this happens without you!

ALL students interested in next year's team should attend at least 2 of our upcoming spring practices in May. Next year's team will be open to students born in the years 2008 to 2012. Stay tuned to the announcements for more information or you can email Ms. Newton at gina.newton@ngps.ca.



Minor Hockey Silver Medalists Special Congratulations



Some of our very own OJSH students who play hockey for Stony Plain Minor Hockey earned silver medals in the month of March!



Congratulations to team **SN604** and **SN701** on your hard work and achievements!

Webs of Support Colour of the Month – Indigo

Caring for the Carers

The colour indigo represents the web beneath the anchors. In the story of our “web”, the child is the (green) balloon that sits on the web. The web is comprised of tangible (orange) and intangible (yellow) strings that are held by 5 or more adult anchors (red). The bigger the youth/balloon, the more likely it is to be held up on the web. The strings of the web can be eroded or cut away by scissor cuts (blue), which can cause the child to fall through. The anchors need a web too provided by other adults in their own lives that can step in and throw strings when need be. Anchors who have anchors is represented by indigo.

Caring for the carers means:

- Giving back to and showing appreciation for those who anchor your web
- Supporting your anchors and keeping them in your web even when circumstances in their own lives change
- Thanking your anchor(s) for the tangible and intangible strings they throw for you/your web
- Being an anchor for adults, not just children



Adults often feel they have to do everything on their own and, if they can't, they will be judged as being unsuccessful, “needy”, or dramatic. Think of the last time a friend was in need. Did you judge them or did you empathize and step up to support them? Probably the latter! Thus, recognize times when you need support and that it is okay to accept help, and in turn, support others in need without judgement. Adults give a lot of themselves to the children they web-up. Adults can only give their best if they are at their best!