

Newsletter

Semester 2 is fully underway and all the wrinkles of timetable changes are now ironed out. Thank you to all of the families who were able to joining us on February 29th in the evening to meet their child's second semester teachers and to catch up on the progress their children are making in all of their classes. We will only have one more opportunity for parents to catch up with their children's teachers in person - that will be shortly after the fourth quarter begins in a couple month's time. Stay tuned to the newsletter, website, and your weekly updates for that date as it draws nearer.

If you are a parent of a Grade 10 student, you should have received a notice in the mail with a code to access the Alberta Education Assurance survey online. We hope you will take a few moments to complete this survey to let us know what OJSH is doing well and where we have some room for improvement. If you have children in elementary grades 4 or 7 this year, you will have invites for surveys for them as well! Your input helps guide school planning in NGPS.

March is sure to be a busy month with basketball wrapping up, archery provincials, badminton starting up, a ski trip to Sunridge Ski Area in the works, and of course, all the regular day-to-day learning and teaching going on.

March 2024

Dr. Amy Villneff

Please Note

Our doors are locked for the most part of the day for security and safety of our students and staff. If you need to come to the school, there is a doorbell you may ring for our office staff to hear - but it is always a good idea to phone ahead and book an appointment

(780) 967 2271

Find us on



@ngpsohs



@Onoway Jr/Sr High School



@onowayjrshighschool

Or please visit our website onowayhigh.ca for all information and updates

Vaping: What Parents Need to Know

March 6th 2024
7-8:30pm

Join AHS for a free **virtual** learning opportunity for parents on the youth vaping epidemic. Learn about the harms and risks and get ideas on how to help kids quit. Learn about vaping prevention and reduction in your child's school and community and where to go for more information.

Alberta Health Services | SCHOOLS. HEALTHIER TOGETHER.CA

Significant Dates

March 8	No School - PD Day
March 14	School Council Meeting at 6:30PM
March 22	Sunridge Ski Trip
March 23- April 1	Spring Break - No School
April 2	First day back for students
April 11	School Council Meeting at 6:30PM
April 22	Quarter 4 Begins (Junior High options change)
April 24	Report Card #3 available on Powerschool at 4PM
May 1	Final Parent Teacher Interviews, 5-8PM



May 1

"Moving into High School" -
Grade 9 parent info night,
6:30PM

May 29

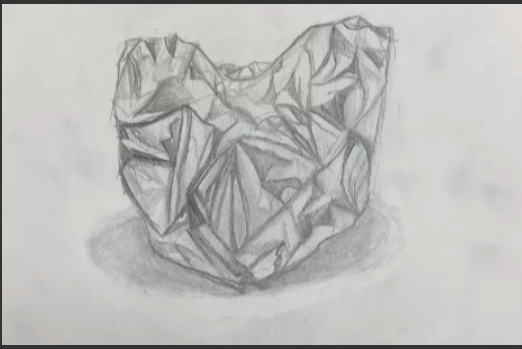
"Going into Grad Year" - Grade
11 parent info night, 7:00PM

June 5

"Moving to OJSH" - Grade 7
parent info night, 7:00PM

Senior High Art

Senior Art has had a good start to the second semester. We are developing our drawing skills with extra practice including the Blurry- Clear challenge. An image is displayed on the big screen that is upside down and starts blurry. Students are asked to start by making shapes out of the shadows and highlights. Every ten minutes the photo gets more clear so they can adjust their drawing. This teaches students great hand-eye coordination for proportions, sighting skills and more. Almost every drawing is successful and it helps build confidence in drawing skills.



Other workshop or sketchbook days include a new technique or topic that is challenging for students. One example is the Tinfoil challenge. This is building upon their ability to create multiple values on a large scale.



Junior High Art

Junior High has been busy with a couple of dry media projects including drawing their shoes with graphite and blending soft pastels to create a succulent or plant or flower.



Next we will be working on Watercolour painting, Mixed media coffee cup designs, acrylic painting and more. Students are hoping to work with clay before the end of the quarter.

Senior Boys Basketball

Senior Boys are getting prepared for their final tournament of the season, as they off to Hinton for Zones. They had many hard fought games throughout the season, finishing 3rd in their final tournament of February. Good luck!



Basketball Camp

Spring Basketball Camp for current Grade 8-11s! If you are interested in registering for the spring basketball camp held in April, please go to the PE office for a form, or see Miss Deacon in her counselling office. Forms will be available as of Monday March 4th with details and cost.



The Mustangs Cheer Team competed in their first event of the season on Saturday, February 17 in Morinville. Our team of 10 students in Grades 8, 9, and 11 placed third overall, but had the highest scores in their division for stunt execution and tumbling execution. Half of the team had never competed before! This is a great base to build on for our next competition, the True North Cheer & Dance Championships at the Edmonton Expo Centre on Sunday, March 3.

If you're interested in learning more about what competitive cheerleading is like, stay tuned for details about our open spring practices. It's a great opportunity to try cheer without any commitment.

Cheer



Junior B Boys Basketball

Our Junior B Boys Basketball team just wrapped up their seasonal play with a 43-26 win at home over Muir Lake School. Their season will finish with a one-day tournament up in Whitecourt on March 16th!



Senior Girls Basketball

Congratulations to the Senior Girls basketball team in taking silver at GCAA Finals Feb. 27th. Way to go Mustangs!



Junior Girls and Boys Basketball

Gold for OJSH!
Congrats to both our junior A teams on winning the league banner, undefeated all season and winning semis and finals today!! Great job athletes and thanks to the coaches!



Upcoming Athletics

COMING
SOON

Badminton



Badminton Tryouts will be starting the week of March 11th - 15th. Check the Gym Bulletin, Daily Bulletin, and Social Media, for updates on tryouts for both junior and senior badminton! Senior badminton tryouts will be Tuesday and Thursday 3:30pm-5pm March 12th and 14th. Junior badminton tryouts will be 3:30-5:30pm March 15th and possibly Monday March 11th at 3:30-5:30pm.

Senior Boys Handball

Sr Boys Handball Team practices start wednesday March 13th 5:30-7pm, every Wednesday and Thursday. If you have not signed up with Miss Deacon, please make sure to let her know or send her an email so you can be registered on the roster. Have a great season!



Classroom Fun

Identifying Mixtures in Science 14: the tastiest lab ever! Using Black Shin Ramen, students discussed mechanical mixtures and solutions. Talk about using your noodle!



Students in Mr. Thiessen and Mr. Eastman's Outdoor Ed classes have been learning about shelters and constructing winter shelters known as quinzhees!

Outdoor Ed



Gym

High school PE classes spend a couple days at the Onoway rink skating and playing hockey. There were lots of excited students and some great times on the ice. A special thanks goes out to Amy Warren and the Onoway and District Agricultural Society for being so supportive of our school.



Cafeteria News

We are in the swing of things with March here and Spring Break just around the corner. And we have some exciting things happening this month!



We have opened the Cafeteria upstairs in the Learning Commons/Library for the lunch break! It opens at the lunch bell and runs until 12:15pm. This is being set up and run by a few fabulous students and we appreciate you going up there to grab our wraps, sandwiches and subs as well as drinks and snack items. We take cash and debit please.



March brings St Patrick's Day, and after the success of Pink Shirt Day in February, we will be selling these specialty cookies in the week leading up to March 17, St Patrick's Day.



Are you interested in coming and learning with us in the kitchen? Come and speak to Mr Galliford about working at lunch break to gain some experience and have a great time! You never know how much you will enjoy it until you try it!



We are still selling our gift cards in the Cafeteria. You can activate it here and then add credit onto the card from www.freebeespay.com, where you can also track your spending.



Whats Happening in the Wrap Around



The Second Semester is well under way with new option classes for our junior high students and all new classes for our senior high students. There are only 4 months left in this school year and like the first 6 months, they will go by quickly. If they haven't done so already, Gr.12 students are encouraged to check the credits they earned in the first semester by going onto their MyPass account or coming down to see one of the counsellors in the Wrap Around. The Grad list for 2024 is currently in the process of being updated as the Diploma results from January come in. If any Gr. 12's are concerned about their Grad status, please see one of the counsellors.

Representatives from the University of Alberta will be setting a date to speak to a number of our Indigenous students. They were originally planned for Feb. 26 but we had to postpone the event due to buses not running. The presentation will highlight programs offered at the U of A, the requirements needed to get into the programs, the costs involved in attending the University among other pertinent topics. With Spring fast approaching, there are going to be a number of presentations and opportunities for our students that will cover a variety of topics ranging from post-secondary education to career planning and beyond. We encourage our students and their families to keep an eye and ear out for the dates and times.

The staff of the Wrap Around would like to sincerely and very gratefully thank and acknowledge the many members of our school and local community for their endless generosity and kindness. The shelves in the Wrap Around are overflowing again with a wide variety of bread, healthy snacks and fresh fruit that have been made available through the contributions of the many families, businesses, groups, individuals and staff who have so kindly donated. The donations and thoughtfulness are very much appreciated.

Webs of Support Colour of the Month: Blue Scissor Cuts

The colour blue represents actions, attitudes or words that erode or “cut” the strings of the youth’s web. In the story of our “web”, the child is the (green) balloon that sits on the web. The web is comprised of tangible (orange) and intangible (yellow) strings that are held by 5 or more adult anchors (red). The bigger the youth/balloon, the more likely it is to be held up on the web. The strings of the web can be cut by scissor cuts (blue), which can cause the child to fall through the cracks, so-to-speak.

Scissor cuts are things such as:

- Access to drugs, alcohol, tobacco
- Youth being left alone at home for extended periods of time
- Bullying/youth violence
- Mental health issues
- Dishonesty
- Negative peer influences (poor choices of friends)



Teenagers, by nature, are likely to take risks and do things that cut the strings of their webs that anchors have provided them. Of course we don’t want the youth we care about to try drugs, skip school, or tell lies, however, if the youth is connected to anchors, the web can be thickened up and repaired over time.

Anchors don’t give up on youth who cut the strings they throw. Teens will cut webs from time to time – it is a part of them learning and growing. Anchors may need to deliver consequences to teach right from wrong, and anchors need to teach teens how to make reparations and how to make better decisions in the future.